



THE UNIVERSITY OF THE THIRD AGE

NOTTINGHAMSHIRE NETWORK

NEWS BITES! SEPT. 2018.

Sharing ideas across 31 U3As in Nottinghamshire

PEER SUPPORT GROUP S

New event: Using Facebook for your U3A at The St Peter's Centre, Ravenshead, 1.30pm – 4pm on Friday 28th Sept. 2018

This practical demonstration and discussion will cover:

- The benefits to members of using Facebook*
- How to take the 'fear' out of using Facebook*
- The benefits of having your own u3a Page*
- Setting up your own Page with a **demonstration***
- The pros and cons of having a Facebook Group as well.*

To cover room rental and tea/coffee, there will be a charge of £5pp. U3As can send up to 3 representatives. Notes on the session will be emailed out after the meeting.

To reserve your place(s), please email Rosie Garner, Chair of Bingham U3A at bingham.u3a.chairman@gmail.com

If your U3A would like to host a Peer Group event please contact Paul Martinez pkmartinez14@gmail.com

THIRD AGE TRUST



Ian McCannah

newly elected Chair of TAT

NETWORK NEWS

Next Qtly Meeting and AGM

to be held on

Wednesday 31st October

10—12 noon

St Peter's Centre

Ravenshead, Notts

Regional Trustee for the East Midlands

I am delighted to have been elected as your Trustee for the next three years. I know how hard everyone in the Notts Network works to support the U3A in many ways and I look forward to being part of that process.

I have been a member of the U3A for eleven years and for much of that time I have been a committee member, having been Chair of Southwell U3A for three years as well as being Groups Coordinator at Southwell and Keyworth. I was also involved with the Notts Network for several years, being its Chair for two.

So it feels really good to know that I can contribute to it once again, as well as the other Networks in the Region and I know that together we will be able to further improve the lives of those in their third age, with learning, laughter and fulfilment. I know I have a lot to learn, so please do not expect me to know everything, but I look forward to getting to know you all and about the things you hope to achieve.

Jean Hogg

September 2018

jean.hogg@u3a.org.uk



