

NOTTINGHAMSHIRE NETWORK

NEWS BITES! FEB. 2020

Sharing ideas across 34 U3As in Nottinghamshire

Peer Support Groups

If your U3A would like to host a Peer Group event please contact Paul Martinez pkmartinez14@gmail.com

East Midlands Conference

Making a Difference

Tuesday 21st April 2020

Eastwood Hall Conference centre

Speaker: Prof Chris French, Goldsmith University
The Psychology of False memory
A choice from 7 available Workshops
Sam Mauger CEO Third Age Trust
Plenary – Where now for the Region?

Jean Hogg, East Midland Trustee, has circulated an invitiation and booking form to all U3As via the Network Representatives. Alternatively the booking form can be found on the Third Age website under the "Regions" tab—East Midlands.

Nottinghamshire Network of U3As Arts Festival Saturday 15th August at the Henry Mellish Centre

Kemmel Rd, Nottingham, NG6 9FH

The aim of the Day is for our members to present to each other, to celebrate and to enjoy our many and varied Arts Activities. This will be a day of Drama, Music, workshops, crafts, art and performances—all U3A members are invited.

So, if your U3A still has not sent a response could you please provide:-

- The name of your link person with contact details including your U3A name.
- · Your initial thoughts and ideas on Arts activities you could demonstrate.

Emails, please, to Rosie Allen: rosieallen21@outlook.com



Jean Hogg presents certificates to Gill Lee in recognition of Newark U3A 15th Anniversary, and to Paul Fileman for Soar Valley 20th Anniversary.





The Chinese New Year Celebration

On 27th January 130 or so members from across the Notts Network joined together to celebrate the Chinese New Year at the Springwater Cantonese Restaurant in Calverton. The evening started with an all-you-can-eat buffet. The menu was extensive, the food was delicious and nothing was too much trouble for the waiters.

The meal was followed by a mesmerising display of dragon dancing accompanied by the rhythmic beat of cymbals, which was enjoyed by all. As if this wasn't enough, we were then treated to a spectacular firework display outdoors. The rain held off to conclude a superb evening of entertainment and fun.



The evening had been organised by Terry Hardman from the Notts Network, and he was warmly thanked for all hid hard work. We are hoping to repeat the

event next year.

