

**NOTTINGHAMSHIRE NETWORK OF U3As - MINUTES OF MEETING HELD ON
WEDNESDAY 23rd October 2019 AT THE CENTRE, ST. PETER'S, RAVENSHEAD, NOTTS. NG15 9FD**

PRESENT	Rosie Allen Chair (Arnold), Rita Foulkes Treasurer (Sherwood), Sue Blackley Secretary (Beeston), Peter Edge Web Master (Keyworth), Chris Niven Vice Chair (Eastwood and District)) Paul Martinez Support Officer (Carlton and Gedling), Denise Swain (Arnold) Sue Boswell (Ashfield), Rosie Garner (Bingham) John Lewis (Bingham) Michael Dobbs (Calverton) Michael O'Connor (Cotgrave) Sandra Morrey (Edwalton and Gamston), Linda Shutt, Kevin Foster(Forest Town), Barrie Saunders (Hucknall), Carole Harrison, Jacqueline Hampshire (Mansfield), Carole Luckhurst (Mapperley) Liz Gilder (The Park) Lyndon Lowe, Sheila Blackburn (Rainworth), Terry Moore (Ravenshead), Paul Bacon, Brenda Wilson (Retford) Liz Wilson (Sherwood), Paul Fileman (Soar Valley) Marjorie Bramhill (Southwell) Elaine Morris (Stapleford), Terry Hardman (Sutton in Ashfield), Zena Inger, Ann Dyodele (Warsop) Paco Saucedo (West Bridgford) Sheila Massey, Maggie Loxton (Worksop) Martin Cackett (Wollaton)
ITEM 1	RA welcomed everyone and accepted apologies from Alwyn Foster (Burton Joyce) Margot Gale (Beeston) Lynne Jaremczenko (Carlton and Gedling) Susan Bergenroth (Nottingham) Mark Jackson (Hucknall) Trevor Williams (Stapleford) Jean Griffin (Sutton in Ashfield) George Golledge (Edwalton) Jean Hogg (Regional Trustee)
ITEM 2	Annual AGM See separate documents
ITEM 3	AGREE MINUTES, ACTION POINTS & ANY OTHER MATTERS ARISING FROM THE LAST MEETING DATED 24.7.2019 The minutes for the meeting on 24.07.2019 were approved. No matter arising.
ITEM 4	The three year plan is progressing very well.
ITEM 5	REPORTS TREASURER – Rita Foulkes Report presented during the AGM, SUPPORT GROUP -Paul Martinez <ul style="list-style-type: none"> The speaker seeker 'Group talk' is working well with contributions from many U3As. A further meeting will take place next year. All speaker seekers need to be encouraged to join the group. Members attending these meetings at St Peters need to be mindful when parking because of complaints from residents.
ITEM 6	CHINESE NEW YEAR. This event is proving to be very successful with 127 bookings. This may become an annual event.
ITEM 7	NETWORK FESTIVAL 2020? This will hopefully be an Arts Festival involving groups across the network. A planning group is being set up.
ITEM 8	TOPICS FOR FUTURE NETWORK MEETINGS <ul style="list-style-type: none"> POSTAL MEMBERSHIP (SHERWOOD AND ASHFIELD TO LEAD) ELECTRONIC SIGNING IN SYSTEM (ARNOLD TO LEAD) HOW TO ENCOURAGE SOME MEMBERS TO BECOME MORE ENGAGED. WHY DON'T SOME MEMBERS RENEW AFTER BEING MEMBERS FOR JUST 1 YEAR? IDEAS FOR SOCIAL EVENTS INCLUDING OUTINGS AND HOLIDAYS OPEN DISCUSSION ON SMALL SPECIFIC ISSUES/PROBLEMS DIVERSITY
ITEM 9	AOB <ul style="list-style-type: none"> Wednesday June 3rd, 2020 is U3A day nationally – Flash mob For Nottinghamshire?? East Midlands regional conference to be held at Eastwood Hall on April 21st, 2020. More information and booking details in due course. The Third Age Trust are producing a model constitution for Networks and an Alliance Agreement which we will need to adopt.
	COMFORT BREAK
	DISCUSSION ON SOCIAL PRESCRIPTION INTRODUCED BY JOHN LEWIS FROM BINGHAM The following issues were raised and discussed <ul style="list-style-type: none"> Raising awareness of U3A in the doctors' surgeries Putting brochures/posters/ in surgeries and asking doctors to give out newsletters to patients they think would benefit. Ambassadors to look after new members. Attendance at flu vaccine sessions to give out publicity. Publicity on the local radio

	<ul style="list-style-type: none"> • Important to stress that we are not a service for referrals and that we can't supplement social care. Group leaders could find it difficult to manage. Need to know the risks if agencies make a referral. Do the agencies understand what we do at U3A? • REFER TO ADVICE SHEET ON SOCIAL PRESCRIPTION PROVIDED BY THE THIRD AGE TRUST ON NATIONAL WEBSITE
	<p>Date of next meeting Wednesday 29.01.2020 start 10am The Centre, St Peter's, Ravenshead, Nottm NG15 9FD</p> <p>Future meetings 10am at the above Wednesday April 29th, 2020 Wednesday July 29th, 2020 Wednesday October 21st 2020</p>

Chair..... Secretary.....Date
Rosie Allen **Sue Blackley**